



# Good Times at GARDEN COURT



1116 De La Vina St. • Santa Barbara, CA 93101 • (805) 884-0095

CHRISTINA GUZMAN

Employee  
of the  
**Month**



### HAPPY VALENTINE'S DAY!

Join us for some fun activities this month!  
Super Bowl party, Valentine's Day, Presidents  
Day, Mardi Gras Tea Party and more!



### And the Oscar Goes To ...

The 92nd Academy Awards will take  
place Feb. 9.

February 2020

DAN MICHEL

Resident  
of the  
**Month**



### RESIDENT BIRTHDAYS

SHARON CARLSON	3
ROBERT REAL	5
BRIDGET GOULD	7
LUELLA ZERR	7
EMILY BAKER	9
BERTHA CASTELO	9
TAMI WHITACRE	13
JOHN DETTENMAYER	21
MARK CASPER	21
MARK MURRAY	24
RON POWELL	27

### STAFF / HAIRDRESSER BIRTHDAYS

ANDREA GONZALEZ	18
ADELA	4

### Take a Leap

2020 is a leap year, when February has an extra day.  
Take inspiration from Leap Day on Feb. 29 to "take a  
leap" and try something new in your life, such as  
joining a club or taking a class.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>SUPER BOWL SUNDAY!</b> 2 1:00 Bingo Club in the library <b>2:00 Music Club with Ron Paris and Julie Carlson</b> <b>3:30 Super Bowl Party! Let's watch the game and enjoy Super Bowl munchies!</b> 6:00 Sunday Night Movie in the living room</p>	 <p><b>VITAL SIGNS/ GC IDEA CAFE</b> 3 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library 1:15 Vital Signs Clinic with Cathy from Cottage Parish Nursing 2:00 Garden Court Idea Cafe, in the living room 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library</p>	 <p><b>RESIDENT ACTIVITIES MEETING</b> 4 <b>9:00 Shopping Trip to Target/ Costco</b> 9:45 SBCC Mind and Body Awareness with Luis Sanchez 12:45 Bingo Club in the library <b>2:00 Resident Activities Meeting in the living room. All residents are encouraged to attend.</b> 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor</p>	 <p><b>SING-ALONG WITH GEM</b> 5 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner in the living room 12:45 Bingo Club in the library <b>3:00 Sing-along Club with Gem in the living room</b></p>	 <p><b>NEW! COME ENJOY A WONDERFUL BIKE RIDE AROUND SANTA BARBARA</b> *Our new Bike rides will be every Friday from 10:00-12:00pm. Pick a partner and sign up for this very special and unique experience!</p>	<p>1 10:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room</p>	
<p><b>Tu Bishvat Starts</b> 9 1:00 Bingo Club in the library <b>3:30 Piano Concert with Keith in the living room</b> 6:00 Sunday Night Movie in the living room</p>	<p><b>GARDEN COURT IDEA CAFE</b> 10 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library <b>2:00 Garden Court Idea Cafe, in the living room</b> 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library</p>	<p><b>HEALTH AND SAFETY MEETING</b> 11 9:00 Shopping Trip to The Dollar Tree in Goleta 9:45 SBCC Mind and Body Awareness with Luis Sanchez 12:45 Bingo Club in the library <b>2:00 Health and Safety Meeting in the living room. All residents are encouraged to attend.</b> 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor 3:15 Conversation Circles with Catherine</p>	<p><b>STEVE HOEGERMAN'S TRAVEL SLIDE SHOW IS BACK!</b> 12 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner in the living room 12:45 Bingo Club in the library 2:00 Flower Empower Club, with Charlene in the courtyard <b>6:00 Steve Hoegerman's Travel Slide show. "Full Moon over Marakesh"</b></p>	<p><b>RESIDENT OF THE MONTH</b> 13 9:00 Walk and Talk Club! 10:00 My Special School Preschool, activity visit 10:30 Use it or lose it Club with Charlene <b>12:00 Resident of the Month meal</b> 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults</p>	<p><b>HAPPY VALENTINE'S DAY !</b> 14 9:00 Walk and Talk Club! <b>10:00 -12pm Bike rides with John. Let's have fun!</b> 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 2:30 Scenic Drive Club with Daniel 6:00 Friday Night Movie</p>	<p>15 10:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room</p>
<p><b>SING-ALONG WITH GEM</b> 16 1:00 Bingo Club in the library <b>3:00 Sing-along Club with Gem in the living room</b> 6:00 Sunday Night Movie in the living room</p>	<p><b>PRESIDENTS DAY</b> 17 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library <b>2:00 Garden Court Idea Cafe, in the living room</b> 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library</p>	<p><b>FOOD COMMITTEE MEETING</b> 18 9:45 SBCC Mind and Body Awareness with Luis Sanchez 12:45 Bingo Club in the library <b>2:00 Food Committee Meeting. in the living room</b> 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor</p>	<p><b>ROLANDO/ MY CARE WORKSHOP</b> 19 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner in the living room 12:45 Bingo Club in the library <b>2:00 Rolando on the Wind Synthesizer</b> 3:00 My Care (formerly 5 Wishes) Community Workshop in the library</p>	<p><b>FEBRUARY RESIDENTS' BIRTHDAY PARTY!</b> 20 9:00 Walk and Talk Club! 10:00 My Special School Preschool, activity visit 10:30 Use it or lose it Club with Charlene 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults <b>6:00 February Residents' Birthday Party! with Rod Robles</b></p>	<p><b>SCENIC DRIVE WITH DANIEL</b> 21 9:00 Walk and Talk Club! <b>10:00 -12pm Bike rides with John. Let's have fun!</b> 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 1:30 Piano Concert with Lorna 2:30 Scenic Drive Club with Daniel 6:00 Friday Night Movie</p>	<p>22 10:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room</p>
<p><b>PIANO CONCERT WITH JAKE</b> 23 1:00 Bingo Club in the library 3:30 Piano Concert with Jake Carter 6:00 Sunday Night Movie in the living room</p>	<p><b>GARDEN COURT IDEA CAFE</b> 24 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library <b>2:00 Garden Court Idea Cafe, in the living room</b> 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library</p>	<p><b>MARDI GRAS TEA PARTY!</b> 25 <b>9:00 Shopping Trip to The Bargain Market/ Whole foods</b> 9:45 SBCC Mind and Body Awareness with Luis Sanchez 12:45 Bingo Club in the library 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor <b>3:00 Mardi Gras Tea Party!</b> 3:15 Conversation Circles with Catherine</p>	<p><b>ASH WEDNESDAY</b> 26 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner in the living room 12:45 Bingo Club in the library <b>2:00 Flower Empower Club with Charlene in the courtyard</b> <b>4:00 TED Talks Club with Chris in the living room</b></p>	<p><b>SBCC VITALITY CLASS WITH SUSAN</b> 27 9:00 Walk and Talk Club! 10:00 My Special School Preschool, activity visit 10:30 Use it or lose it Club with Charlene 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults</p>	<p><b>SCENIC DRIVE WITH DANIEL</b> 28 9:00 Walk and Talk Club! <b>10:00 -12pm Bike rides with John. Let's have fun!</b> 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 1:30 Piano Concert with Lorna 2:30 Scenic Drive Club with Daniel 6:00 Friday Night Movie</p>	<p>29 10:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room</p>



## The Grand Slam of Showbiz

Only a handful of people have achieved EGOT status, which is winning all four major entertainment awards—the Emmy, Grammy, Oscar and Tony. View this cast of EGOT winners and the decade in which they earned the honor.

<u>Decade</u>	<u>EGOT Winners</u>
1960s	Richard Rodgers
1970s	Helen Hayes, Rita Moreno
1990s	John Gielgud, Audrey Hepburn, Marvin Hamlisch, Jonathan Tunick
2000s	Mel Brooks, Mike Nichols, Whoopi Goldberg
2010s	Scott Rudin, Robert Lopez, Andrew Lloyd Webber, Tim Rice, John Legend

"Then & Now"

## "This Month In History" FEBRUARY

**1929:** Winners of the first Academy Awards are announced. A formal ceremony for the honorees was held three months later.

**1932:** Athletes from 17 countries compete at the third Winter Olympics, held in Lake Placid, N.Y.

**1940:** American folk singer Woody Guthrie composes "This Land Is Your Land." He didn't record the song until 1944.

**1957:** The first portable electric typewriters hit the market.

**1968:** In the town of Haleyville, Ala., the first call is made to test the new national 911 emergency telephone system.

**1982:** After 27 years of music and dancing, the final episode of "The Lawrence Welk Show" is produced.

**1992:** The fleet of famous silver Goodyear blimps gets a makeover with a new design in blue and gold.

**2010:** At Super Bowl XLIV, the New Orleans Saints win their first NFL championship, defeating the Indianapolis Colts 31–17.

**2017:** Hip-hop artist Shawn "Jay-Z" Carter is chosen for induction into the Songwriters Hall of Fame. He was the first rapper to receive the honor.