



Good Times at GARDEN COURT



1116 De La Vina St. • Santa Barbara, CA 93101 • (805) 884-0095

CHRISTINA GUZMAN

**Employee
of the
Month**



SPECIAL EVENTS HAPPENING IN OCTOBER

- *Senior Fair and Expo at Earl Warren Show Grounds Wednesday October 2nd 9:00am-12pm. Garden Court Van will be transporting residents to and from the event.
- *Garden Court Fall Tea Party. Friday October 25th 3:00pm
- *Halloween Events:
 - **Halloween Costumes in the library (please feel free to borrow them and return later).
 - **Holiday Cupcake Decorating Tuesday October 29th 2:00pm in the dining room.
 - **Pumpkin Carving Wednesday October 30th 2:00pm in the dining room.
 - **Halloween Costume Party! Thursday October 31st 6:00-7:00pm. Come in your costume, enjoy music, dancing and delicious scary holiday treats and beverages!

October 2019

JEANNE ROBBINS

**Resident
of the
Month**

RESIDENT BIRTHDAYS

DAVID CEDERHOLM	5
JOYCE SANDERS	7
MARLENE FORTUNATO	12
JEANNE ROBBINS	13
DEVEREUX PURCELL	13
PATTY READY	14
KEN NORTHUP	17
VINCENT SANCHEZ	17
JUDY ZUNICH	20
LORNA CULP	20
SEAN DONOVAN	22
LIA PARKER	25
SIMON CORONA	27
DANIEL PEREZ	30

EMPLOYEE BIRTHDAY

JUAN CARLOS DIAZ	17
------------------	----



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>MUSIC CLUB WITH RON AND JULIE 6 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 2:00 Music Club with Ron Paris and Julie Carlson 6:00 Sunday Night Movie in the living room</div>	REMINDER: The Holidays are right around the corner. We need everyone to help participate in our Holiday Workshops, like the Crochet Class every Monday, to make our Boutique the best ever!	NEW! DOLLAR TREE/ HEALTH AND SAFETY 1 9:00 Shopping Trip to The NEW Dollar Tree in Goleta! 9:45 SBCC Mind and Body Awareness with Luis Sanchez 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Health and Safety Meeting, City of SB Pelvic Health In-service 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor	SENIOR FAIR AND EXPO AT EARL WARREN SHOW GROUNDS 2 9:00 -12pm Senior Fair and Expo at Earl Warren 10:30 SBCC Travels and Exploration with Patty Volner 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 3:00 Sing-a-long Club with Gem in the living room	SBCC VITALITY CLASS WITH PATTY 3 9:00 Walk and Talk Club! 10:30 Use it or lose it Club with Charlene 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults	HEALTH ADVOCACY WITH LUPITA 4 8:00 -12:00pm Health Advocacy with Lupita from HACSB & FSA 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 1:30 Piano Concert with Lorna 2:30 Scenic Drive Club with Daniel 6:00 Friday Night Movie	SATURDAY NIGHT MOVIE 5 9:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room
MUSIC CLUB WITH RON AND JULIE 6 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 2:00 Music Club with Ron Paris and Julie Carlson 6:00 Sunday Night Movie in the living room	VITAL SIGNS CLINIC WITH CATHY 7 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library 1:15 Vital Signs Clinic with Cathy from Cottage Parish Nursing 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library	SBCC WITH LUIS/ FOOD COMMITTEE 8 9:00 Shopping Trip to Ross/ Costco 9:45 SBCC Mind and Body Awareness with Luis Sanchez 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Food Committee Meeting in the living room. All residents are encouraged to attend. 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor 3:15 Conversation Circles with Catherine	FLOWER EMPOWER/ ASSISTANCE LEAGUE 9 9:00 Walk and Talk Club! 10:00 Assistance League thrift store 10:30 SBCC Travels and Exploration with Patty Volner 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Flower Empower Club, with Charlene in the courtyard	RESIDENT OF THE MONTH DINNER 10 9:00 Walk and Talk Club! 10:30 Use it or lose it Club with Charlene 12:00 Resident of the Month Dinner 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults	JAZZ PRESENTATION 11 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 2:00 Jazz Presentation with Stanley in the living room 2:30 Scenic Drive Club with Daniel 6:00 Friday Night Movie	SATURDAY NIGHT MOVIE 12 9:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room
PIANO CONCERT WITH KEITH 13 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 3:30 Piano Concert with Keith in the living room 6:00 Sunday Night Movie in the living room	COLUMBUS DAY 14 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library	SBCC CLASS WITH LUIS/ RESIDENT ACTIVITIES 15 9:00 Shopping Trip to 99 Cent Store 9:45 SBCC Mind and Body Awareness with Luis Sanchez 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Resident Activities Meeting in the living room 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor	ROLANDO/ MY CARE WORKSHOP 16 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Rolando on the Wind Synthesizer 3:00 My Care (formerly 5 Wishes) Community Workshop in the library	OCTOBER RESIDENTS BIRTHDAY PARTY 17 9:00 Walk and Talk Club! 10:30 Use it or lose it Club 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults 6:00 October Residents Birthday Party with Rod Robles	HEALTH ADVOCACY WITH LUPITA 18 8:00 -12:00pm Health Advocacy with Lupita from HACSB & FSA 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 1:30 Piano Concert with Lorna 2:30 Scenic Drive Club with Daniel 6:00 Friday Night Movie	FREDRIK ON THE PIANO 19 9:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 4:00 Fredrik on the piano 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room
SING A LONG WITH GEM 20 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 3:00 Sing-a-long Club with Gem in the living room 6:00 Sunday Night Movie in the living room	BEGINNING CROCHET WITH MARIA 21 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library	SBCC CLASS WITH LUIS/ TOWN HALL 22 9:00 Shopping Trip to The Bargain Market 9:45 SBCC Mind and Body Awareness with Luis Sanchez 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Town Hall Meeting in the living room 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor 3:15 Conversation Circles with Catherine	FLOWER EMPOWER/ TED TALKS 23 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Flower Empower Club with Charlene in the courtyard 4:00 TED Talks Club with Chris in the living room	HALLOWEEN COSTUMES IN THE LIBRARY TODAY 24 9:00 Walk and Talk Club! 10:30 Use it or lose it Club with Charlene 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults	FALL TEA PARTY TODAY! 25 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Charlene in the living room 12:45 Bingo Club In the library 1:30 Piano Concert with Lorna 2:30 Scenic Drive Club with Daniel 3:00 Fall Tea Party today in the living room 6:00 Friday Night Movie	SATURDAY NIGHT MOVIE 26 9:00 Catholic Service. Legend of Mary group from Our Lady of Sorrows Church. In the library 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 6:00 Overeaters Anonymous in the library 6:00 Saturday Night Movie in the living room
PIANO CONCERT WITH JAKE 27 10:30 Use it or Lose it Club 1:00 Bingo Club in the library 3:30 Piano concert with Jake Carter 6:00 Sunday Night Movie in the living room	BEGINNING CROCHET WITH MARIA 28 9:00 Walk and Talk Club! 10:30 Use it or Lose it Club with Penina 12:15 Accessible Yoga Club 12:45 Bingo Club In the library 2:00 Soda Fountain Club, in the dining room 2:15 Beginning Crochet class with Maria in the library	HALLOWEEN CUPCAKE DECORATING TODAY 29 9:00 Shopping Trip to 99 Cent Store 9:45 SBCC Mind and Body Awareness with Luis Sanchez 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Halloween Cupcake Decorating in the dining room 3:00 -6:00pm Beauty Salon Open, with Adela on the 2nd floor	PUMPKIN CARVING IN THE DINING ROOM 30 9:00 Walk and Talk Club! 10:30 SBCC Travels and Exploration with Patty Volner 10:30 Use it or Lose it Club in the living room 12:45 Bingo Club in the library 2:00 Pumpkin carving in the dining room	HAPPY HALLOWEEN PARTY! 31 9:00 Walk and Talk Club! 10:30 Use it or lose it Club with Charlene 12:45 Bingo Club in the library 2:00 SBCC Vitality Program. Music of Our Lives and Times for Older Adults 6:00 Halloween Party tonight!		



It's a Mystery

Edgar Allan Poe's 1841 tale "The Murders in the Rue Morgue" is considered the first modern detective story and set the stage for the whodunit novel. Crack the case in these classic mysteries.

Year	Mystery	Author
1901	"The Hound of the Baskervilles"	Arthur Conan Doyle
1930	"The Maltese Falcon"	Dashiell Hammett
1939	"And Then There Were None"	Agatha Christie
1953	"The Long Goodbye"	Raymond Chandler
1972	"An Unsuitable Job for a Woman"	P.D. James
1982	"A Is for Alibi"	Sue Grafton
1998	"The No. 1 Ladies' Detective Agency"	Alexander McCall Smith
2001	"Tell No One"	Harlan Coben
2015	"The Girl on the Train"	Paula Hawkins

"This Month In History" OCTOBER

1908: Called America's other national anthem, "Take Me Out to the Ball Game" becomes a bestselling hit. It is now an MLB tradition for fans to sing the song during the seventh inning stretch.

1913: The Lincoln Highway, the country's first coast-to-coast roadway, is formally dedicated.

1949: American novelist William Faulkner wins the Nobel Prize in literature.

1959: Thousands line up for the opening of the Guggenheim in New York City. The modern art museum's unique spiral shape was designed by Frank Lloyd Wright.

1982: At Florida's Walt Disney World, the Epcot theme park opens and features attractions that celebrate technological innovations and world cultures.

1998: The first American to orbit the Earth, John Glenn returns to space aboard the shuttle Discovery. At age 77, he was the oldest person to travel into space.

2006: The U.S. population reaches 300 million.

2015: "Spectre," the 24th film in the James Bond series, premieres in London.